

Changes in the Social Characteristics of General Classroom Communities Including Children with Mild Intellectual Disability in Three Years

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ABSTRACT:

This study aimed to follow Hungarian general primary school classroom communities (N = 12) that included children with mild intellectual disability (MID) (N = 20) over a three-year period to describe changes in the most important social characteristics of communities regarding group cohesion and see how communities develop on their own without planned support. A total of 291 students participated in the research. A peer nomination survey was conducted in each class in grades 4 and 5, and then three years later. The quantitative analysis revealed no significant difference in the values of the measured sociometric indicators after three years. Furthermore, a linear direction in the evolution of the indicators, which would contribute to the implicit development of a community alongside increased time spent together, could not be identified. This condition did not favor students with MID, as they had significantly fewer mutual choices than their peers. The results of this study emphasize the need for professionally designed community development to create and maintain an inclusive classroom community.

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INTRODUCTION

More and more educational studies focus on examining relationships and social participation at school concerning academic progress or social-emotional well-being (Cole et al., 2021; Krämer et al., 2021). In Hungary, the proportion of students with special educational needs (SEN) participating in general classrooms constantly increases. In the school year of 2004/2005, nearly 42% of students with SEN studied in general education classes; this ratio represents 68% of the participants in the school year of 2014/2015 (HCSO, 2015). Approximately 71% of students with SEN study together with their peers in general classrooms (HCSO, 2019). These facts draw attention to the factors that contribute to successful inclusion.

The number of studies that seek to identify the factors of successful inclusion is also constantly growing. Important factors are the ability of the majority group members to accept and accommodate (Fischer, 2009; McCoy & Banks, 2012), the commitment of the leaders and teaching staff (Ben-Yehuda et al., 2010; Roberts & Simpson, 2016), the attitude of teachers towards inclusion (Ben-Yehuda et al., 2010; Cornoldi et al., 2018; Lindner et al., 2023), the attitude of teachers towards students with SEN (Schwab & Alnahdi, 2023), training for regular teachers on evidence-based practices (Al-Ali & Gaber, 2023), the attitude of parents (de Boer et al., 2010), students' attitudes towards their peers with SEN (de Boer et al., 2012; Di Maggio et al., 2022; Freer, 2021), the personality and social skills of students with SEN in inclusive settings (Bless, 1995; Daley & McCarthy, 2020), the performance of students with SEN (De Bruin, 2020; Rafferty et al., 2003; Schwab et al., 2015), and a meta-analysis on the topic (Van Mieghem et al., 2020). In Hungarian general education schools, there is increasing attention to examining the performance of children and young people with SEN (Józsa et al., 2014; Szenczi et al., 2017). Additionally, it is essential to consider how students develop their relationships within the community, their sense of belonging (Dopplinger, 2014), and how well the community can meet their social and emotional needs (Koster et al., 2009). The extent of socio-emotional inclusion is usually measured utilizing some form of sociometry, like multi-aspect sociometry (Mérei, 1996), peer nomination (e.g., Kulawiak & Wilbert, 2020; Monjas et al., 2014; Vuran, 2005), or peer rating (e.g., Baydik & Bakkaloglu, 2009). In Hungary, data is available regarding the social inclusion of students with hearing impairment (Perlusz, 1995), attention deficit hyperactivity disorder (ADHD) (Benyák, 2006), autism spectrum

disorder (ASD) (Méhes & Györiné Stefanik, 2017), and mild intellectual disabilities (MID) (Szekeres, 2014).

In general education schools, students with MID often receive fewer positive sociometric nominations than their peers (Szekeres, 2014). Szekeres and Horváth (2014a) also found that these students are aware of their challenges in social participation. However, students with MID spend the entire school day with their typically developing peers and receive significantly more positive sociometric nominations than when they are only together in certain activities (Szekeres, 2012). A meta-analysis conducted by Ochoa & Olivarez (1995) indicated that pupils with learning disabilities (LD) have lower sociometric status when compared to their typically developing peers. Szekeres & Horváth (2014b) examined the impact of the number of students with MID in a general education community. The data revealed that if more children with MID are in a class, the number of negative sociometric nominations is distributed among these students. Szekeres & Horváth (2015b) further found that 60% of children with MID connect to at least one of their peers in a general education community; however, in these classes, the role of the "rejected student" is commonly dedicated to the student with MID. Students with MID often have relationships, yet others perceive them as students who are still looking for friends or do not feel well in the community.

Students with MID are more likely to obtain relationships in a cliquish class than by linking to a central role block (Kiss & Szekeres, 2016), and they are more likely to seek friendship among typically developing students than with each other (Kiss & Szekeres, 2016; Reed et al., 2011). From this, it is evident that students with MID require more excellent pedagogical support to develop their relationships (Pavri, 2004; Pavri & Hegwer-DiVita, 2006; Schneider, 2016). Additionally, enhancing their social skills may impact their overall performance long-term (Caemmerer & Keith, 2015; Hajovsky et al., 2021).

In general education classes, teachers have significant roles in shaping inclusive communities. They must possess values that help achieve the goals of inclusive education. For this, they need competencies that help each student's optimal learning outcomes and social-emotional development (Engelbrecht, 2013; Gottfried et al., 2019; Klehm, 2014; EADSNE, 2012). Thus, the formation of a class as a community, the recognition of marginalized children, and the achievement of real inclusion all play essential roles.

As Kiuru et al. (2015) describe positive teachers' influence on peer acceptance. A warm and supportive teacher

can enhance student acceptance, which, in turn, can positively contribute to learning outcomes. When a teacher demonstrates a clear liking for a student, he or she sets an example for other students to follow (Hendrickx et al., 2017), and teachers often unconsciously affect their students' perceptions (Dopplinger, 2014).

Horváth et al. (2016) have already summarized the main sociometric characteristics of elementary school classes ($n = 86$) that integrate students with MID. They specified the mean zones of the following indices: reciprocity index (77-96%), density index (0.9-1.2), cohesion index (7-18%), mutual choice index (42-58%), significance index (33-51%), dominance index (0.17-4.27), and exclusion index (0.61-1.73).

By reviewing the results of the follow-up studies related to peer relations, it becomes clear that researchers have different conclusions depending on the methodology and the questions examined:

- The social status of students with SEN within the community does not change (Bear et al., 1993; Estell et al., 2008, 2009; Kemp & Carter, 2002; Kuhne & Wiener, 2000; Mrug et al., 2012).
- The social status of students with SEN in the community has somewhat improved (Frederickson & Furnham, 2001).
- The social status of students with SEN within the community is not improving (Hall & McGregor, 2000; Schwab, 2019; Voyer et al., 2017).

There is a lack of research in Hungary that specifically examines how the status of the community and the inclusion of students with SEN change over time. Knowing how peer relationships develop within a classroom community is essential because, as we have shown above, they can impact academic performance. Teachers in Hungary must report on specific competencies every few years, including community development and support for students with SEN (Antalné et al., 2019). Exploring changes in the social structure of class communities can help teachers see the focus of community development more accurately, thus setting more precise goals and developing their competencies.

Purpose of the study

This study aimed to longitudinally follow general primary school classroom communities that included children with MID over three years. The objective was to describe changes in these communities' most important social characteristics, explicitly focusing on group cohesion, and observe how these communities develop independently without planned support. This is an important area of

research as it can provide insights into the effectiveness of inclusive education and the factors contributing to the successful inclusion of students with mild intellectual disability (MID) in general classrooms. Understanding the social dynamics within these communities can help inform strategies for community development and support for students with MID, ultimately creating more inclusive classroom environments.

METHOD

Participants

A total of 291 children in 12 primary school classes participated in this study: children with mild intellectual disability of unknown etiology ($N = 20$) and their classroom peers ($N = 271$) (see Table 1). The primary schools were randomly selected from the Hungarian Education Office database. The sample was evenly distributed regarding gender, but representative sampling was not the goal. The selection criteria for participation were as follows:

- At least one child with MID studied in the class. Participant selection was primarily based on existing diagnoses (ICD F70) by an Expert Panel.
- In the selected primary schools, children with MID spend 95% of their day engaged in activities alongside their typically developing peers.
- Teachers did not carry out any professional community development in the class. In a screening process, class teachers were asked about the regular usage of any sociometric instruments to assess the social structure of their classes and the use of any deliberate procedures to develop the classroom community.

A peer nomination survey was conducted in the selected 12 classes on two occasions. Still, the final sample of this study included only those classes where at least one of the children with MID remained a member of the class over the three years. The composition of typically developing students within the class could have changed over time. After three years, the average number of students in a class (class size) could have decreased due to the special features of the Hungarian educational system (table 1).

Measures

The sociometric data collection supported by the SME-TRY system is based on Mérei's multi-aspect sociometry, which allows the characterization of the communities as social psychological units (Horváth & Szekeres, 2017). This method describes the location of individuals in the

Table 1. Distribution of the sample

	Classes			Participants			
	Grade	N	Average class size	Boys	Girls	Students with MID	Σ
Data collection 1	4 (ages 10-11)	8	19	63	70	14	133
	5 (ages 11-12)	4	19	48	46	5	94
	Σ	12		111	116	19	227
Data collection 2	7 (ages 13-14)	8	17	64	63	12	127
	8 (ages 14-15)	4	17	35	33	4	68
	Σ	12		99	96	16	195
Participated in both data collection						15	131
Σ Total number of students						20	291

social field and reveals social patterns in various aspects. It can help to understand the processes in the community, show the flow of information, the hierarchy, and the roles of the social field, and give pedagogical and organizational references for community development. Contrary to other peer nomination methods, it works with more general questions that are more likely to trigger stereotypes filtered out from personal experience and less likely to trigger unusual choices reflecting momentary mood (Méri, 1971/1996, as quoted in Horváth et al., 2016). In this way, a more stable picture of the examined community can be drawn, which can be compared with data gained far away in time, and the change between the two states can be seen so that the method can be applied in cross-sectional and longitudinal studies (Horváth & Szekeres, 2017).

A self-developed peer nomination instrument was used, which consisted of 28 items, including questions concerning sympathy, popularity, community functions, individual abilities, and the difficulty of social inclusion. The questionnaire did not include questions concerning peers' dislikes. The questions concerning sympathy (such as, who would you invite to your birthday party?) are designed to examine mutual relationships between students. We speak of a mutual choice when two people choose each other on the same question concerning sympathy.

Sociometric indices describe communities in many aspects, such as cohesion, hierarchical structure, and role-oriented group structure. This study deals with the following sociometric indicators: reciprocity index, density index, cohesion index, mutual choice index, significance index, dominance index, exclusion index, role index, and choice repertoire index (Horváth et al., 2016).

By examining these indicators, we can get a comprehensive picture of the class community's social structure and the strength of cohesion. By repeating the examination, we can determine any changes in these characteristics. A closer look at these indices can help teachers understand what they should focus on in community development.

The reciprocity index shows how many people in the social field have relationships. If the index is 100%, there are no loners in the community; everyone has at least one relationship. A mature community has a high 100% index (Szekeres & Horváth, 2014a). The density index shows the average number of reciprocated ties between individuals. In a mature, stable community, this index is above 1. An indicator below the average indicates that the social structure is loose, and its network of relationships is uncertain (Szekeres & Horváth, 2014a). The cohesion index gives information about the ratio of potential and completed relationships within a community. The high cohesion index may indicate that the group has a high cohesive force and can be quickly mobilized as a whole. The mutual choice index shows what percent of ties directed to individual people are reciprocated in sympathy questions. A high indicator refers to the stability of relationships; a lower value than the average range refers to the indecision of relationships (Szekeres & Horváth, 2014a).

Sociometric significance refers to the group's hierarchical structure, while the role is related to differentiation, i.e., the discrepancy between status in the social field and individual characteristics. Individuals are significant in the social area if others frequently choose them along various sociometric dimensions. These group members are substantial because they are often on their peers' minds (Szekeres & Horváth, 2014a).

The role relates to multi-aspect sociometry, as this process differentiates relationships qualitatively. It can also point out attributes in which social expectations are more important than sympathy or antipathy. The choice repertoire index refers to the number of group members considered during nominations. This indicator helps to interpret the meaning of significance and role (Szekeres & Horváth, 2014a).

The current study compares the values of the above indicators measured at two points in time. This comparison gives us a comprehensive picture of whether there has been a significant change in the social structure of communities, in-group cohesion, and whether progress can be detected.

Procedures

The paper-and-pencil questionnaires were administered to groups of students during a lesson. The students were asked to nominate three of their peers for each question. After three years, a new survey took place using the same sociometric questionnaire. Data processing was carried out with the SMETRY sociometric software (Horváth & Szekeres, 2017).

Analysis

Sociometric indices were calculated with the SMETRY software (Horváth & Szekeres, 2017). Due to the nature of the variables, non-parametric tests, including the paired-sample Wilcoxon test (V), the one-sample Sign test (S), and the paired-samples Sign test (Sp), were used to identify differences between the number of mutual choices in questions concerning sympathy and the changes in sociometric indices and class size. For these statistical analyses, R Studio (v2023.03.0+386) software was used.

RESULTS

Class size

The class size was significantly lower after three years ($Mdn = 16.5$) than during the first data collection ($Mdn = 20$), $V = 65.5$, $p = .040$, $r = 0.29$. Figure 1 displays the corresponding data and illustrates the reduction in class size (see fig. 1).

In a previous study, Horváth et al. (2016) described the average zones of the examined indices based on a sample of 45 general education classes that included students with MID. In the case of the first and second data collections in this study, the values of the analyzed indices do not exceed the upper limit of the average zone

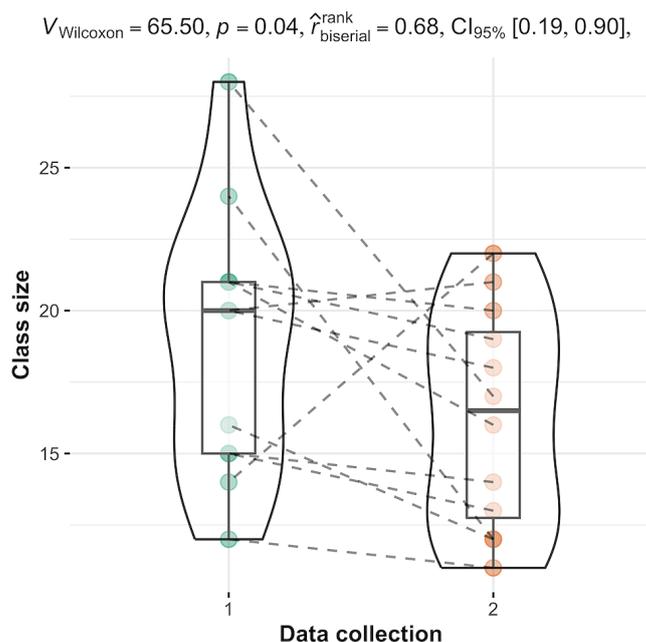


Fig. 1. Change in class size between the first and second data collections.

(density index, cohesion index) or remain close to it. This means we can only talk about average cohesion in the examined classes. The values of the choice repertoire index are also average, which means that the members of the communities were in the students' minds during the data collection, and no one was left out during the nominations. Notably, only one class had a reciprocity index value of 100 for both the first and second data collections, which means that every student had a relationship with at least one other student in the community. This is one of the expected conditions for the characteristics of an ideal class community in terms of social participation.

Indices

No significant differences were found in the values of the examined indicators after three years, except in the cohesion index (see Table 2).

Individual results

In the present study, the mutual choices made by the members of the class communities on sympathy issues were also analyzed. A paired samples Sign test was conducted to determine the change in the number of mutual choices for the entire sample ($N = 131$). The results indicate an insignificant change, $Sp = 17$, $p = 0.063$. This suggests that the decrease in class size did not result in a community-level reduction in the number of mutual choices that affected everyone. This is also shown in the case of the examined cohesion indices.

Table 2 Results of the discrepancy between the examined parameters using the Wilcoxon S-R test (V) and the Sign test (S) in the case of the exclusion index

Indices	Data collection 1		Data collection 2		Test results
reciprocity index	Mdn = 85.35	Min = 46.67, Max = 100	Mdn = 89.12	Min = 54.55, Max = 100	V = 28, p = .423
density index	Mdn = 0.93	Min = 0.42, Max = 1.33	Mdn = 1.03	Min = 0.54, Max = 1.20	V = 39, p = 1
cohesion index	Mdn = 10.48	Min = 7.58, Max = 18.10	Mdn = 12.68	Min = 8.97, Max = 21.21	V = 12, p = .034*, r = -0.341
mutual choice index	Mdn = 46.62	Min = 24.39, Max = 60.32	Mdn = 48.78	Min = 29.17, Max = 60.87	V = 30, p = .518
significance index	Mdn = 42.26	Min = 28.57, Max = 46.67	Mdn = 40.45	Min = 25.00, Max = 63.64	V = 40, p = .969
dominance index	Mdn = 1.63	Min = 0.67, Max = 7.00	Mdn = 1.33	Min = 0, Max = 5.00	V =52, p = .339
exclusion index	Mdn = 1.12	Min = 0.40, Max = 2.50	Mdn = 1.00	Min = 0.8, Max = 2.00	Sp = 6, p = .753
role index	Mdn = 57.73	Min = 46.67, Max = 71.43	Mdn = 57.29	Min = 35.29, Max = 78.95	V = 50, p = .423
choice repertoire index	Mdn = 77.06	Min = 69.26, Max = 87.07	Mdn = 74.94	Min = 68.52, Max = 87.50	V = 47, p = .569

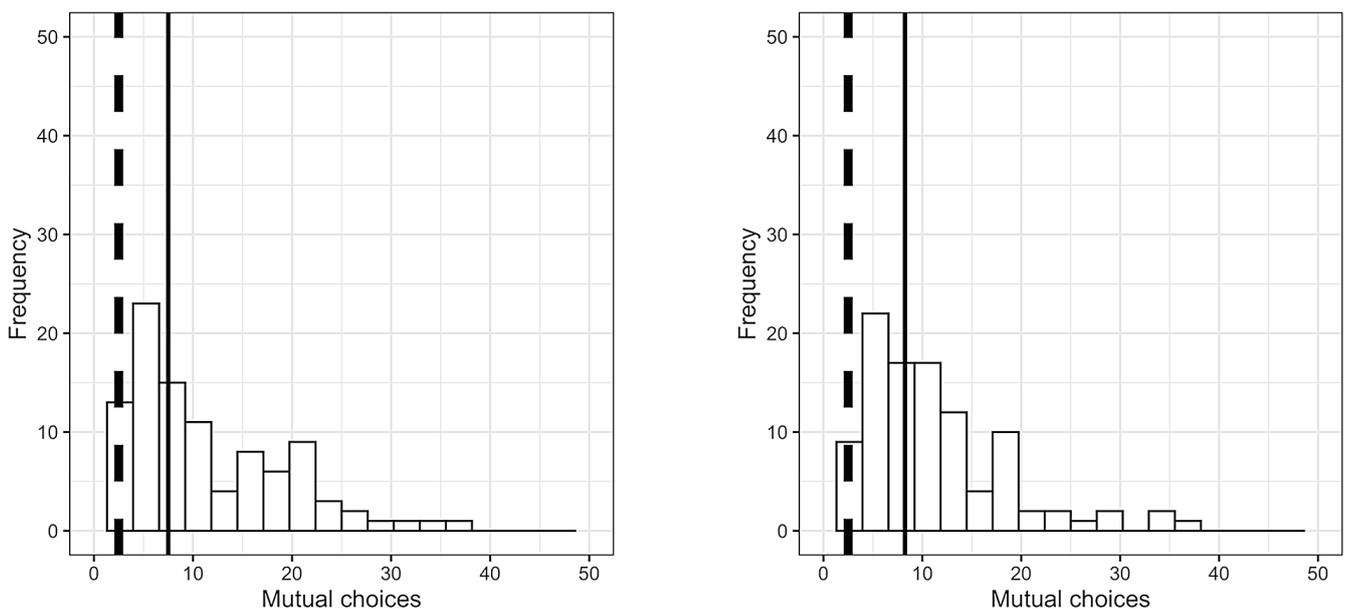


Fig. 1. Distribution of mutual choices during the first data collection (left) and the second data collection (right)

Note. The median of the choices of MID students is marked with a dashed line, and the median of their non-MID peers' choices is marked with a solid line.

One sample Sign test was conducted to evaluate if there was a difference between the number of mutual choices between students with MID and their typically developing peers. At the first data collection, students with MID (N=15) had significantly fewer mutual choices compared to their typically developing peers (N=116),

$Mdn_{MID}=2.50$, $Mdn_{NON-MID}=7.50$, $S=93$, $p<0.01$, $r= 0.741$. Three years later, the difference was similar in the second data collection, $Mdn_{MID}=3.44$, $Mdn_{NON-MID} = 8.24$, $S=94$, $p<0.01$, $r=0.695$ (see fig. 2). In the case of MID students (N=15), no significant change can be detected in the number of mutual choices between the first and

second data collection, $S_p=6$, $p=0.753$, nor the case of their typically developing classroom peers ($N=116$), $S_p=60$, $p=0.709$.

DISCUSSION

The indices examined mainly characterize the cohesion of a classroom community, how its members are included in public opinion, and in what proportion they have a role or significance (Horváth et al., 2016). The development of the communities can also be deduced from the values of the indicators.

In the case of the examined classroom communities, the group cohesion was general or below general during the first data collection, and the class size decreased for the second data collection. No significant difference can be found in the values of the examined indices over the three years. There is no tendency for growth or decrease. This suggests that a linear direction cannot be outlined in the evolution of the examined variables. Additionally, the increase in time spent together does not lead to the implicit development of the community without professional pedagogical support. This condition did not favor students with MID, as they had significantly fewer mutual choices than their peers. These results draw attention to the need for professionally designed community development, mainly in those general education school communities where group cohesion is average or weak. In a previous study, Herbainé Szekeres & Szekeres (2016) indicated that students with MID are unable or hardly integrated into poorly developed classroom communities (with low sociometric indicators) compared to classroom communities with a favorable atmosphere.

Data-based decision-making is the basis of planned community development (Filderman et al., 2019; Horváth et al., 2021), so it is essential to collect sociometric (peer nomination) data from the communities regularly.

The strength of this study is that it follows up on general primary school classes, including children with MID, over a susceptible three-year period. It draws attention to the need for professional community development. However, there were some limitations to consider. The relatively small sample restricts the possibility of conducting further and more detailed analyses. Our results, such as the decrease in class size or the unfavorable social situation of students with MID, may have been influenced by the peculiarities of the Hungarian public education system. Due to the small sample, it was impossible to control how many children with MID learned in the classes. Previous studies have had different results on the

role of the number of children with special educational needs in general classrooms (Hallahan et al., 2020; Park et al., 2014). It would have been important to find out if there are differences between these classes based on the number of children with MID.

CONCLUSION

The results of this study can contribute to more effective pedagogical work by drawing attention to the importance of planned community development. The results demonstrate that mere time spent together does not improve group cohesion, and students with MID need support in terms of community participation. These findings suggest that the number of mutual choices remained relatively stable for both MID students and their typically developing peers over the three years. The lack of significant change in mutual choices may indicate consistent social interaction and preference among the participants. Early initiation of development is critical. In Hungarian education, the early years are a sensitive period for forming class communities. In this period, students often get new head teachers, and class compositions change due to the unique features of any elementary educational system. In a previous study, Szekeres & Horváth (2015a) suggested that if a student with MID did not or was loosely connected to someone in the general education community, he or she became lonely when the community structure became disrupted.

Our findings draw attention to the need for teachers to pay special attention to community development, including strengthening group cohesion, to form an inclusive class community for students with MID and all students. Creating a strong sense of community within the classroom can help mitigate feelings of loneliness and isolation among students with MID and promote a positive learning environment for all students. Teachers should actively foster connections and relationships among students, encouraging collaboration and empathy to ensure no student feels left out or disconnected.

The social experience acquired in general classroom communities is essential not only for children with disabilities but also for typically developing students as well (Carter et al., 2013; Lindner et al., 2023; Woodgate et al., 2020). The social acceptance of students with SEN is lower than that of their typically developing peers; however, they show more negative and less positive social interactions (Schwab et al., 2014). For these reasons, it would be important to teach social skills to children with SEN (Jacob et al., 2022; Kavale & Forness, 1996), which

might help develop and maintain their relationships. The development of group dynamics may reduce the proportion of marginalized students (Doveston & Keenaghan, 2006). Already, preschool interventions show that preschool children with SEN received more positive peer sociometric nominations in post-tests and fewer negative peer sociometric nominations (Ginevra et al., 2020).

Creating and maintaining friendly relationships is vital for every child. They can exercise such social skills, which can play an important role in their relationships as adults or even in their employment (Brooke et al., 2009; Lusk & Cook, 2009). Students with SEN can later, as disabled employees, use this experience to integrate into society successfully. Teachers must support social participation in the classroom. As seen in this study, the problems that may arise in the cohesion of the class communities are not solved by themselves just because of the

time spent together. Data-based decision-making can help to plan community development based on objective data and follow the changes in the social characteristics of a classroom community (Horváth et al., 2021).

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DECLARATION OF INTEREST STATEMENT

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